



Welcome to the Idiopan™ steel tongue drum with Chakra Tuning.

Enjoy warm, pure, rich tones ideal to sound healing, meditation and yoga.

– OWNER’S GUIDE –



Tongue	Frequency (HZ)		Chakra
	Lunabell*	Domina**	
1	319.5	159.75	Heart
2	396	198	Root
3	417	208.5	Sacral
4	528	264	Solar Plexus
5	639	319.5	Heart
6	741	370.5	Throat
7	852	426	Third Eye
8	963	481.5	Pineal

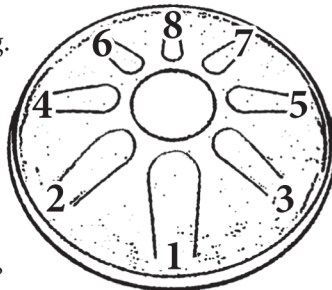
* Lunabell are tuned to the natural solfeggio frequencies.

** Domina are tuned to frequencies one octave below the solfeggio frequencies.

Solfeggio (or solfège) refers to a music methodology used to teach accurate pitch. It associates a syllable with each note of the musical scale. In western music, the “sol-fa” method gives us: Do, Re, Mi, Fa, So, La, Ti, Do.

Chakra practitioners associate the frequencies of the Solfeggio scale with healing. Chakras are focal points in the body, manifested by concentrated energy.

This Idiopan is specifically tuned to help balance your energy and keep your body, mind and spirit in harmony.



Playing Tips:

For the best sound, rest the Idiopan on a soft surface. Activate the tongues by a quick tap of your fingertips or outer thumb knuckle; or play with rubber-tipped mallets. The sweet spot on the smaller tongues is near their base.

See more tips and videos at Idiopan.com/blogs/news



Care:

Use a damp cloth to clean the powder coated finish. Avoid cleaners, solvents and harsh chemicals such as chlorine or saltwater. If contact with water or chemicals occurs, rinse inside and out with a damp cloth then dry and apply car wax, especially around the tongue edges. Use a rubber protectant to clean and protect the rubber guard.

Do not remove the rubber guard.



Idiopan.com

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